



# Holy Cross Parish

**Sixth Sunday in Ordinary Time      Bulletin #10      February 11, 2024**

315 Douglas Avenue East, Regina, SK S4N 1H7; Phone: 306-757-1325  
[www.holycrossregina.ca](http://www.holycrossregina.ca) Email: [hc.office@holycrossregina.ca](mailto:hc.office@holycrossregina.ca)

## Contact the office

@ 306-757-1325 for Baptism, 1st Eucharist, Confirmation, Reconciliation, Marriage, Funerals, and other concerns.

We acknowledge that Holy Cross Parish is located on Treaty 4 Territory, the traditional homeland of the Nêhiyawak (Cree), Nahkawé (Saulteaux) and Nakota and homeland of the Métis Nation, Dakota and Lakota.

## Parish Staff Team:

**Pastor**

**Fr. Carlos Jimenez**

[pastor@holycrossregina.ca](mailto:pastor@holycrossregina.ca)

**Martin Kondzielewski**

*Office & Pastoral Assistant*

[hc.office@holycrossregina.ca](mailto:hc.office@holycrossregina.ca)

**Rita Gareau**

[bookkeeper.holycross@sasktel.net](mailto:bookkeeper.holycross@sasktel.net)

**Jacob Antony,**

*Caretaker*

## HC Office Hours:

Monday—Friday, 9:00 a.m. to 12:00 p.m.

## Masses

Saturday 5:00pm

Sunday 9:00am

Tuesday 7:00pm

Wed. 9:00am

Thur. 9:00am

Friday 9:00am

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## SIXTH SUNDAY IN ORDINARY TIME

Leviticus 13:1-2, 45-46 / 1 Corinthians 10:31-11:1 / Mark 1:40-45

### MONDAY

February 12

*Weekday*

Jas 1:1-11

Mk 8:11-13

### TUESDAY

February 13

*Weekday*

Jas 1:12-18

Mk 8:14-21

### WEDNESDAY

February 14

*Ash Wednesday*

Jl 2:12-18

2 Cor 5:20-6:2

Mt 6:1-6, 16-18

### THURSDAY

February 15

*Thursday after*

*Ash Wednesday*

Dt 30:15-20

Lk 9:22-25

### FRIDAY

February 16

*Friday after*

*Ash Wednesday*

Is 58:1-9a

Mt 9:14-15

### SATURDAY

February 17

*Saturday after*

*Ash Wednesday*

Is 58:9b-14

Lk 5:27-32

### SUNDAY

February 18

*First Sunday*

*of Lent*

Gn 9:8-15

1 Pt 3:18-22

Mk 1:12-15

## Bringing Outsiders In

FR. JOSEPH JUKNIALIS

**A** s a child, were you teased, bullied, chosen last for a team? Did you feel apart from the in-crowd? If so, in various ways this treatment may have kept you from being fully engaged with the larger community, possibly continuing to scar you in even your grown-up world.

In 2021, the news media reported that a Louisiana cemetery refused burial for Darrell Semien because he was black. Though he had served his community as a deputy sheriff for fifteen years and had helped raise seventy-two foster children, none of that was of any significance. After the news broke, the cemetery quickly lifted its whites-only stipulation, but the damage had been done. In so many ways, we continue to exclude others from the human community, even in death.

Our Sunday Gospel tells of Jesus curing a leper, enabling the man to again become part of the community. Even more startling, by touching him, Jesus himself became "impure," and thus isolated himself from the community, thereby switching roles with the man. Bringing others into community even at a cost to ourselves is divine.

Such compassion is exemplified when people work to reform prisons, seek to integrate immigrants into national life, give voice to the voiceless, improve mental health care, strive to alleviate paralyzing poverty, and more. The world witnessed compassion at its finest during the COVID-19 pandemic when medical personnel worked to heal the sick, even at the cost of isolating themselves from their own families. Compassion toward those in need is holy. ●

### Reflect

**Who made you feel welcome when you felt locked out? Can you do the same for another?**

A leper came to him [and kneeling down] begged him and said, "If you wish, you can make me clean."

MARK 1:40



## What's Happening at Holy Cross

### CALENDAR RAFFLE WINNER

**January 28—Robert Gareau**

Welcome to any new parishioners. Please register with the Parish Office Mon.-Friday, 9am-12 noon  
Or call 306-757-1325

#### MASS INTENTIONS FOR THE WEEKS OF FEB. 10-18, 2024

		<b>MASS INTENTIONS FOR THE WEEKS OF FEB. 10-18, 2024</b>
Sat.	Feb. 10	For the intentions of John and Diane, offered by Len & Loretta Jelinski.
Sun.	Feb. 11	For the intentions of Lila Selinger, offered by Dwayne Varga.
Tues.	Feb. 13	
Wed.	Feb. 14	7:00pm <i>ASH WEDNESDAY</i>
Thurs.	Feb. 15	
Fri.	Feb. 16	For the repose of the soul of Alma Dizey, offered by Ted and family.
Sat.	Feb. 17	PRO POPULO
Sun.	Feb. 18	For the repose of the soul of Helen DeSouza, offered by Carlita and family.

#### PARISHIONERS' CORNER

**BIRTHDAYS!** Monday, Feb. 12—John Lebersback and Helen McIntee; Tuesday, Feb. 13—Katherine Tarita. Congratulations and many blessings to you for a happy, healthy year ahead.

Are you in touch with any Holy Cross people who are now living in a care community or unable to come to church as they used to? If so, Parishioners' Corner would like to hear from you. We (Holy Cross) would like those people to know that we still think about them and care about them. Perhaps others at Holy Cross would like to be able to keep in touch with them, too, and the bulletin can be the means to let you know that they'd appreciate a visit or a phone call.

Denise Johner is just fine, thank you. The Mass intention for her last week was offered by the Liturgy Committee in gratitude for her five years of service to the Committee.

Holy Cross is a community, a family, and families keep up to date on the well being of their members. Let's pass along news of our parishioners so we can pray for or celebrate with them. Call Martin at 306-347-0929 or Joyce at 306-789-1983, or [byapple@sasktel.net](mailto:byapple@sasktel.net) Don't be afraid to leave a message.

*If you believe what you like in the gospels, and reject what you don't like, it is not the Gospel you believe, but yourself.*

... St. Augustine

#### 2023 CALENDAR RAFFLE WINNERS Prizes Unclaimed

The cheques listed below have not been cashed.  
Please check to make sure you haven't missed yours.

Date	Cheque #	Name of Winner	Amount \$
Sept. 9	258	Shirley Sebastian	\$100
Sept. 17	260	Genelle Nicholson	\$25
Oct. 22	265	Bernice Bast	\$25
Dec. 3	272	Bryant & Chelsea Adams	\$25
Dec. 24	275	Marie Lebersback	\$25
Dec. 31	277	Dan Devers	\$25



#### Did you know?

**Statistic Canada: Canada's fertility rate has reached an all-time low of 1.33 children per woman in 2022.**

#### PALMS

**Please bring your palms to church to use to create the ashes for Ash Wednesday. Baskets are available for them at the church entrances. Burning the palms will happen Tuesday, February 13 before the 7:00pm Mass.**

**Welcome to any new parishioners. Please register with the Parish Office. Fill in the blanks below and drop it into the collection basket or email the office ([hc.office@holycrossregina.ca](mailto:hc.office@holycrossregina.ca)). Let's get started!**

**Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Mass of Choice:**     Sat evening 5:00 pm     Sun morning 9:00 am





CWL News



**MUFFIN REPORT**

29 doz. muffins were delivered to Sacred Heart School for this month.

**WHAT CAN I GIVE UP FOR LENT?**

Have you ever tried giving up something other than junk food or drinks? Here are a few other ideas that you might consider giving up:

**Gossip**—judgmental and negative comments on something you see or hear. We do it all the time and don't even notice.

**Hiding your Faith**—Wear your cross, religious medals, carry your Rosary. Say Grace in the restaurant.

**Buying something you don't really need**—Is it essential; can it wait?

**Screen time, phone use**—use it instead for some prayer time and discussion with others; read the Bible or other Christian writings. Put away your phone for awhile.

**Your time**—Volunteer.

**Complaining & speaking negatively**—Try to have a positive outlook on life. Say something nice to your family, friends and others.

**Playing the Victim game**—Bad things happen, don't blame others. Be responsible for your life, your actions—failures and successes. Seek assistance when necessary, and, always, talk to God.

**MEDJUGORJE PILGRIMAGE**

**April 3—13**

Join us for Daily Mass, Rosary on Apparition Hill, Stations of the Cross on Cross Mountain, Visit to Cenacola Community, Visit to visionary - Professional Guide, if available.

For more details call Cathleen Devraj 306-789-0705 or email [cdevraj48@gmail.com](mailto:cdevraj48@gmail.com).

**STATIONS OF THE CROSS LEADERSHIP**

Feb. 16	K of C
Feb. 23	CWL
Mar. 01	Challenge Girls
Mar. 08	Liturgy Committee
Mar. 15	Parish Council
Mar. 22	Altar Servers

**Knights of Columbus**



**Pancake Breakfast**



**Date: Sunday, February 18**

**After 9:00 am Mass**

**Location: Gerein Centre**

**Adults: \$10, Student: \$5, Children Under 6: Free**

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**POOR MAN'S SUPPER**

**Friday, Feb. 16, 5:30pm  
Gerein Centre**

**Stations of the Cross 6:45pm**

**Mass 7:00pm**

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**LENTEN FOOD DRIVE**

The Knights of Columbus at Holy Cross once again is asking for your support and generosity for a Lenten Food Drive for the Marian Centre and Visitation House. It will run from the weekend of February 17/18 to March 24/ 25.

**Collection Boxes** are in both the Gerein Centre and the Douglas Ave. entrances for non-perishable food items. **Foods** preferred are:

**Marian Centre**

- Cheez Whiz
- Peanut Butter
- Coffee
- Strawberry Jam
- Grape Jam
- Marmalade

**Visitation House**

- Pasta
- Soups
- Tuna/Salmon/Chicken
- Pork and Beans
- Canned Fruit
- Canned Vegetables

  
Remember man  
that you are  
dust and into  
dust you shall  
return.

**VOLUNTEERS NEEDED**

The Wascana Rehabilitation Centre is looking for Transport assistance to get people to mass at Wascana on Sundays at 10:30 am. Consider giving a Sunday a month. Music ministry is needed on the second Sunday. Call Joan 306-530-6511.

### Stewardship Bulletin Bits

**Brothers and sisters, whether you eat or drink, or whatever you do, do everything for the glory of God.” - 1 Corinthians 10:31**

Do a quick check of your priorities. Where does God rank in that list? If He's not first, you have some work to do. Putting God first in everything helps us from putting other "gods" (like our pride, ego, money and possessions) before God. Before making a decision, ask yourself, "Am I doing this for the glory of God or for the glory of me?"

### CATECHISM LESSON FORTY-ONE

#### What are the Sins?

Watch Videos: [www.archregina.sk.ca/group/catechetical-support-parishes/](http://www.archregina.sk.ca/group/catechetical-support-parishes/)

**Catechism Text:** CCC No.'s 1854 – 1863, 1875 & 1876

**Sacred Scripture:** James 2.10-11, Matt 5.9 & 12.13, Mark 9.47-48, Isaiah 66.24, 1 John 5.16-18

**St. Thomas Aquinas:** Venial sin becomes mortal sin when one approves it as an end. . .

#### FAQ: Who wrote the First Catechism known as the Didache?

The author's name does not appear anywhere in the text and could be more than one person and the writer is often referred to as "the Didachist". The author was likely someone with a good knowledge of Jewish Scripture. Clayton N. Jefford, an associate professor at St. Meinrad School of Theology, suggests that "the Didachist was an early Jewish Christian whose religious perspective was still closely allied with the synagogue and traditional Jewish beliefs." Jefford, C. N.

### SNOWFLAKE WINTER WARM-UP, DINE-IN

Our Lady of Peace Parish  
4225 Broad St. North  
5:00-6:00 pm by Charlotte's

Roast Beef—Feb. 18 Turkey—Feb. 25

Tickets: \$25 Adults, \$15 Children 7-12, Free 6 & Under  
Call Anita 306-543-0421, call or text Dennis 306-530-2370. Reserved tables for groups of 6 or more, local entertainment. Sponsored by OLP Finance Council for their parish mortgage.

### HOLY FAMILY PARISH GALA

Saturday, March 16th

Holy Trinity Parish Hall, 5020 Sherwood Dr.  
Kick off the Capital Campaign!

Doors open at 6:30 pm, Roast beef supper at 7:15 pm, Silent Auction 50/50 & door prize draws. Entertainment by Chris Henderson (three-time SCMA Male Artist of the Year recipient).

Tickets are \$75 each (\$40 income tax receipt issued). Family and friends are welcome (only 200 tickets are available). Ticket sales: call David or Claudette 306-924-0992, email [davidbeitel@sasktel.net](mailto:davidbeitel@sasktel.net).

### RENEW LENT

RENEW your Lent with weekly reflections, music, prayer resources and other Lenten activities to enhance your Lenten journey, from Ash Wednesday to Holy Week. Sign up at [archregina.sk.ca/news](http://archregina.sk.ca/news) or email [communications@archregina.sk.ca](mailto:communications@archregina.sk.ca)



Catechesis of  
the Good Shepherd  
Association of Canada

Liturgically, we now see green, and we tell the children, "Green is for growing time." The children here have a growing relationship with Jesus. They want to know "Who is God?" The people of Israel wanted to know "Who are you, Jesus?"

Both questions He answers in this one parable. Jn 10:3b-16 "[The Good Shepherd] calls his own sheep by name [...] I came that they might have life [...] I lay down my life for the sheep. [...] I am the Good Shepherd..." The child who hears this may know already or she may wonder for a period of time *who* these happy sheep might be. But once that point is reached of independently realizing who exactly it is that the Good Shepherd knows and loves in such a way, it is then that without a doubt the wonder only increases!

Wonder with us! For more information visit <https://www.cgsac.ca/> contact [regina.cgs33@gmail.com](mailto:regina.cgs33@gmail.com)

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## HOLY CROSS

### LENT AND HOLY WEEK CELEBRATIONS OF 2024

Lent is the Church's communal celebration of its conversion in Jesus Christ. Lent has a double purpose. It is the time when the Catechumens prepare to celebrate their Baptism, Confirmation and Eucharist at the Easter Vigil. Secondly, it invites those who are already baptized to prepare, through penance and prayer, to renew their Baptismal vows at the Easter Vigil or on Easter Sunday.

Through forty days of closer attention to Sacred Scripture, of more fervent prayer, of frequent reception of the sacraments, and through acts of charity, the faithful prepare to celebrate Christ's death and resurrection.

Among Christians fasting is a penitential discipline intended to open our hearts to God and to others.

As usual and continuing through the Lenten season, the Rosary will be recited one half hour prior to all masses.

Each Friday during Lent parishioners are invited to attend the *Poor Man's Supper* at 5:30pm sponsored by the Knights of Columbus. *Stations of the Cross* and Mass follow respectively at 6:45pm and approximately 7:00pm on February 16. (No morning masses on Fridays during Lent.)

#### **Ash Wednesday**

In Canada *Ash Wednesday* and *Good Friday* are days of fast and abstinence. Ashes will be distributed after the homily at the 7:00pm Mass on Wednesday, February 14. Burning of the old palms for ashes will be at 6:45 pm on Tuesday, February 13. All are welcome to attend.

#### **Rite of Election**

The *Rite of Election for Catechumens* and the *Call to Lenten Renewal for Candidates*.

No participants this year at Holy Cross.

#### **Lenten Penitential Celebration**

Celebration of the *Sacrament of Reconciliation* punctuates the Lenten season and should be completed before the Triduum begins with the Evening *Mass of Holy Thursday*.

**The Sacrament of Reconciliation is offered one half hour before regularly scheduled Sunday masses.**

**The Holy Cross Parish Reconciliation will be on Thursday, March 7 at 7:00 pm.**

#### **Chrism Mass**

The Archdiocesan *Chrism Mass* will be held at Holy Rosary Cathedral on Monday, March 18 at 2:00pm. Priests of the Archdiocese will renew their commitment, and the three Holy Oils will be blessed and distributed to pastors and parish representatives. All are welcome to attend.



## Easter Triduum

The *Triduum* brings us into the very heart of our relationship with Jesus, and his Passion, Death and Resurrection. This single feast of three days is the summit of the Church year. Please join your fellow parishioners in the celebration of the *Easter Triduum*, starting with *Holy Thursday Mass*.

### Mass of the Lord's Supper (Holy Thursday)

During the *Mass of the Lord's Supper* (March 28 at 7:00pm) the feet of some of our parishioners are washed by the priest, and following the Eucharist there is a procession of the Blessed Sacrament to the Tabernacle for Exposition and Adoration until 10:00pm. Please bring your bells to ring during the hymn *Glory to God*. There will be NO other Mass on Holy Thursday.

### Celebration of the Lord's Passion (Good Friday)

During the *Good Friday* service (March 29 at 3:00pm) the *Passion* is proclaimed, the Cross of Christ is venerated, and a brief Communion Service takes place. Vigil of the Cross will follow until 8:00pm

### Easter Vigil During the Night

This most sacred Vigil takes place on *Holy Saturday* evening, March 30, at 9:30pm. The *Easter Vigil* has four parts:

The *Service of Light*: includes the lighting of the new fire, the Easter Candle, and the candles of the faithful, and concludes with the singing of the ancient *Exsultet*.

The *Liturgy of the Word*: when the Church meditates on all the wonderful things God has done for his people from the beginning. (Bring your bells to ring during the singing of the *Glory to God*.)

The *Liturgy of Baptism*: when new members of the Church are reborn in Baptism, and others make the profession of faith and are Confirmed. The remaining faithful also renew their Baptismal promises including the relighting of their own candles from the Easter (Paschal) Candle.

The *Liturgy of the Eucharist*: when the faithful are called to the Table which the Lord prepared for his people through his death and resurrection.

Easter baskets will be blessed after Mass, and a reception will follow in the Gerein Centre

### Easter Sunday

Mass on *Easter Sunday*, March 31, will be celebrated at 9:00 am. The renewal of Baptismal promises will take place. Easter Baskets will be blessed after Mass. Coffee, donuts and fellowship to follow in the Gerein Centre.



Remember man  
that you are  
dust and into  
dust you shall  
return.



## LIVING LENT

Lent has been part of the Church's life for at least the past 1,700 years. It is a time of prayer and penance, of dying to sin and of living for God.

We seek to put sin out of our lives by uprooting habits and tendencies that are contrary to God's will, a conversion by turning away from sin and turning back to God.

In living for God we are called to praise and prayer, opening our hearts to the Father, living signs of His love for all.

### Lenten Works

We are invited to prepare for Easter by praying more ardently, reading God's Word with more attention, and doing penance.

### Penance

Penance is not a form of punishment but it is rather to discipline ourselves and to live in union with Jesus who suffered to save the world. We offer our penitential actions in obedience to the gospel commands so that our Lord may purify our love for Him and make us stronger in the service of God and the people of God. We freely offer our penances to help make up for sin in our own lives and in the lives of others.

Here are the "Top Ten" forms of penance:

1. **Giving up sin**—live the Ten Commandments.
2. **Praying**—personal prayer prepares us for the Church's public liturgy. We pray for ourselves and others.
3. **Fasting**—cutting down on richness and amount of food and drink.
4. **Doing Good Works**—helping other people in a spirit of love.
5. **Giving Alms**—We give cheerfully to God by supporting the poor and good works of the Church.
6. **Abstinence**—We give up meat or other desirable food a day or two a week during Lent.
7. **Carrying out our duties of life**—We serve God by living out our vocation in love each day. We are a living sacrifice of offering our daily life through Christ.
8. **Meditative reading**—Christians need time to nourish their faith by reading and reflecting, which opens our hearts to the Holy Spirit and allows God's thoughts and ways to influence ours.

9. **Controlling our desire for possessions**—Jesus reminds us that our heart will be wherever our treasure is and to build up treasures in heaven. Give away our surplus, lessen our wants, share our time, talent and treasure.
10. **Controlling our desire for entertainment**—Too much noise and too many distractions can dull our taste for the things of God and leave us with no time for the works of the Lord.

So as you can see, penance is both giving up the bad things and living the good ones, and it is our calling to do both every day, but with special intention on Fridays for Jesus' suffering and dying on the cross for us.

Christians need to be a sign of contradiction to the world and to spend more time serving God and others.

For Friday to come alive once more as a day of penance and good works, it must be kept in our homes.

*Lord Jesus, our brother,*

*We praise You for saving us*

*By dying on the cross*

*And by rising from the dead.*

*Help us to share*

*In Your cross today*

*And to come to glory with You*

*For You are our Lord forever. Amen*

### FAST AND ABSTINENCE

**As Catholics we are obliged to join the Church around the world in the only two days of fast and abstinence— Ash Wednesday and Good Friday.**

**For Catholics aged 14 years and older, every Friday is a day of abstinence from meat.**

**Until the age of 60 all Catholics are obliged by the law of fasting.**

**Try the following:**

**Eat nothing but bread and water for 24 hours.**

**Only eat dinner, skip breakfast and lunch.**

**Water and drinks are fine.**

**Skip snacks in between meals. No sugary drinks, like soda or juices.**

**Skip dessert.**

## Lenten and Holy Week 2024 Celebrations at a Glance

<b><i>Burning of Palms</i></b>	February 13, 6:45p.m. followed by Mass.
<b><i>Ash Wednesday</i></b>	February 14, 7:00p.m. Ashes will be distributed after the homily. (Fr. Jake)
<b><i>Poor Man's Supper</i></b>	Every Friday during Lent at 5:30p.m. Free will offering.
<b><i>Stations of the Cross</i></b>	Every Friday evening in Lent at 6:45p.m. Mass to follow.
<b><i>Reconciliation</i></b>	<b>Thursday, March 7, 7:00pm.</b> <b>Confession. Priests attending:</b> <b>Fr. Carlos, Fr. Brad, Fr. Brian &amp; Fr. Steve</b>
<b><i>Lenten Recollection</i></b>	<b>Saturday, March 23, 9:00am – noon. Adoration, Liturgy of the Hours, Lenten talk w Brett Salked, and Mass. Fellowship to follow.</b>
<b><i>Chrism Mass</i></b>	Monday, March 18, 2:00pm Archdiocesan Chrism Mass at Holy Rosary Cathedral. Everyone welcome.
<b><i>Palm Sunday</i></b>	Saturday, March 23, 5:00pm Mass Sunday, March 24, 9:00am Mass.
<b><i>Holy Thursday</i></b>	<b>March 28, 7:00pm Mass.</b> One Mass only. Bring bells to ring. <b>8:00pm –10:00pm</b> Adoration of the Blessed Sacrament.
<b><i>Good Friday</i></b>	<b>March 29, 9:00 am - Stations of the Cross</b> <b>3:00 pm - Good Friday Service</b> <b>4:30 – 8:00 pm - Veneration of the Cross</b>
<b><i>Holy Saturday</i></b>	<b>March 30, 9:30pm - Easter Vigil.</b> Bring bells. Blessing of Easter Baskets followed by reception in the Gerein Center.
<b><i>Easter Sunday</i></b>	<b>March 31, 9:00am .</b> Blessing of Easter Baskets; Coffee and fellowship to follow..

